



Spring TERM - NEWSLETTER - Issue 11 09th February 2024

Supporting one another in learning and life.
Compassion, Wisdom, Perseverance

Head teacher's blog...

Dear Parents and Carers,

The end of this half term has seen a busy couple of weeks with the children enjoying their topics and taking part in a variety of exciting activities.

On February 1st, children from Kiberick Class took part in the Roseland Academy Cross Country running event. It was a challenging course for all the age groups and our children showed great determination in completing their distances. The Veryan Team spirit was wonderful; they supported one another throughout the whole event. Our team came third overall out of nine schools which was an excellent result!

The whole school took part in Numbers Day on Friday February 2nd and raised a fantastic £60 for the NSPCC! We also enjoyed a musical performance from Emma Campbell, Karen Green and Kiberick Class during family worship which was amazing!

Continued on page 2...



Building a brighter future together



On February 6th, Carne Class and Kiberick Class walked together to Pendower Beach for an afternoon of activities linked to their topics. The children had lots of fun analysing the rock formations and litter picking and rather enjoyed the windy weather!

Kiberick Class has spent the last two days involved in an extended DT project to design, test and create structures which can withstand an earthquake. They experimented with spaghetti and marshmallow structures initially to form a design which they then created using wood. There has been some great teamwork and problem-solving running alongside the design process which has produced some brilliant results. By popular request, Carne Class are creating and hosting another museum, this time the focus is 'Earth and Beyond'. I have been in the classroom for a sneaky peek, and it looks amazing! I'm sure the Carne parents will have a great time finding out about all the learning that has been going on this half term.

More information and photos of these events can be found later in this newsletter...

Please also find upcoming dates for your diaries after this blog.

With all my very best wishes for a wonderful half term break.
Caroline Jarrett



Supporting one another in learning and life. Compassion, Wisdom, Perseverance

	Monday	Tuesday	Wednesday	Thursday	Friday
Wraparound	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate
Additional Clubs	15.15 – 16.00 No charge Sports Club for all Mr Webb (no snack) Pick up from top gate	15.15 – 16.30 No charge Y6 SATS Booster club (no snack) Pick up from top gate	15.15 – 16.15 £1.00 in cash Y6 club (no snack) Pick up from top gate	15.15 – 16.15 No charge Mrs Prisk's Art and crafts club (no snack) Pick up from top gate	

Attendance

Our Attendance Last week;

Carne Class - 97.12%

Kiberick Class - 98%

TOTAL - 97.94%

Please ensure reading records are sent in daily.
Many thanks.

DIARY DATES...

- FAMILY WORSHIP EVERY FRIDAY 14:45
- Wrap around daily (payable on ParentPay)
 - Clubs (see page 2)
- 10/02/24 - Music project Gerran's village hall
- 19/02/24 - back to school
- 23/02/24 - NO STAY AND PLAY
- 23/03/24 - 'Open the book' during family worship
- 04/03/24 - Y5 and Y6 BMX trip (more details to come)
- 06/03/24 Reception and Y6 height and Weight measurement (contact office to opt out)
- 11/03/24 - Some of Kiberick performing at a 'Spoken Word' Festival in Truro
- 19/03/24 - Bikeability Y5 & Y6 all day
- 21/03/24 - Bikeability, completing for those who didn't finish on the 19th
- 22/03/24 - Funfest Roseland Festivals (more details to come)
- 22/03/24 - 'Open the book' during family worship

Learning with Carne Class...

Loving our new listening station sharing space stories together.

Beach day was a huge success, we absolutely loved learning about our wonderful world and how to take care of it. We enjoyed using the litter pickers to collect plastics from the sand. For some of us it was our very first walk to the beach and the teachers were so proud of us. We also collected a range of pebbles to make our space pets, more on that next term!!

We enjoyed making our number line hats and dressing up for NSPCC's numbers day.



Learning with Kiberick...

It has been a busy couple of weeks in Kiberick! Last Friday we were able to perform our musical ensemble in church and we were really proud to show everyone what we had been working on. It was also NSPCC number day, in Kiberick we celebrated this by becoming detectives for the day. We had to complete several number based activities to rule out varying suspects in order to find out who had stolen the numeral trophy from Arithmetown hall. The children worked really well together and there was a real buzz around solving the mystery! This week we have been to the beach to complete learning linked with our Erupting Earth topic. We looked at rock formations, as well as collecting and sorting rocks that we found by their properties and by clues we could find as to whether they were metamorphic, igneous or sedimentary. We have also been architects this week, we have spent time designing and building structures that we think would be earthquake proof. We took inspiration from some Japanese buildings that are specifically designed to withstand earthquakes, as well as our knowledge of strong shapes and ways to strengthen materials and structures. We then used jelly to simulate an earthquake and test our structures!







WE ARE RECRUITING

Veryan C of E Primary School

**To apply or request further details please call
or email Kelly Teasdale**

07889 535188

Kelly.Teasdale@churchillservices.com

Company Benefits

- **Staff Recognition Awards**
- **Company Lottery**

Right thing.

0845 345 1576
churchillservices.com

Registered Office: Unit 1, 40 Coldharbour Lane, Harpenden, Hertfordshire AL5 4UN.
Churchill Contract Services Limited, Company Registration No: 3762020 in England & Wales;
Churchill Solutions Limited, Company Registration No: 7317266 in England & Wales;
Churchill Services, Company Registration No: 5455787 in England & Wales; and
Churchill Contract Services (trading as Radish), Company Registration No: 5168372 in England & Wales.



CCS-F-06 v1 June 2019



Building a brighter future together

PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2024

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from From Mon 12th - Fri 23rd February 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

You're invited to join

STAY AND PLAY

At Veryan Parish Hall on Friday
mornings from 10:30-11:45

PARENTS ,CARERS
AND CHILDREN AGED
0-3 WELCOME



Things to note:
Keep an eye on the school
facebook page for updates and
changes.

Enjoy a range of fun activities
Please BYO snacks
Water, tea and coffee is
available for all

WHY STAY AND PLAY WITH US?

Meet other parents and carers
in your community. Get to know
staff from school and give your
children the opportunity to
make friends and learn social
skills in a safe nurturing
environment.

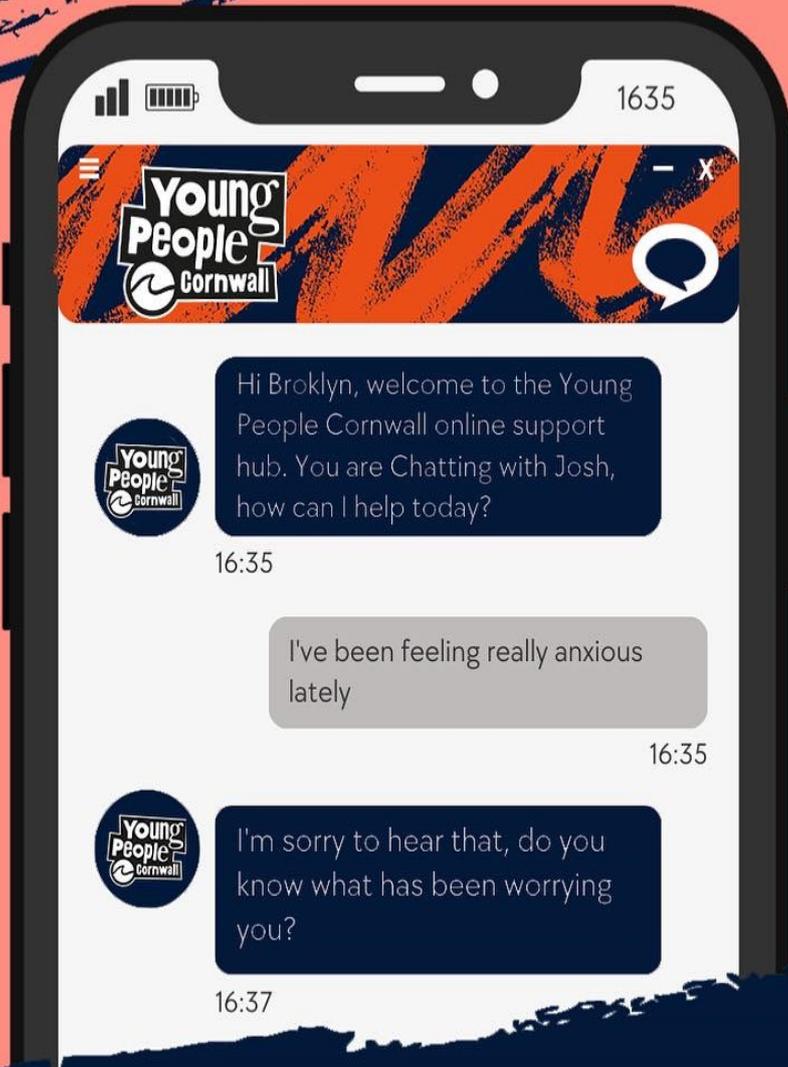
WWW.VERYANSCHOOL.CO.UK



SUPPORTING ONE ANOTHER IN LEARNING AND LIFE

ONLINE SUPPORT HUB

youngpeoplecornwall.org
Weekdays 3:30-5:30pm



LOOK OUT FOR THESE ICONS ON OUR WEBSITE



MEANS WE'RE ONLINE AND AVAILABLE TO CHAT



MEANS WE'RE OFFLINE BUT YOU CAN LEAVE US A MESSAGE

A SAFE SPACE FOR YOUNG PEOPLE WHO ARE FEELING DOWN AND/OR STRUGGLING WITH THEIR EMOTIONS

- OPEN ACCESS DROP IN SESSIONS FOR AGES 11 TO 25
- TRAINED YOUTH AND MENTAL HEALTH WORKERS
- ADVICE AND GUIDANCE
- SUPPORT TO ACCESS OTHER SERVICES
- ONLINE SUPPORT HUB WEEKDAYS 3:30-5:30PM

CONTACT: 01872 222447 | 07741198551
TERRIE.PERKINS@YPC.ORG.UK

DROP-IN SUPPORT HUB

HUB TIMETABLE

AREA	DAY/TIME	ADDRESS
Penzance	Mondays 3:30-5:30pm	Lescudjack Centre, Penzance, TR18 3PE
Helston	Thursdays 4-6pm	6 Meneage St, Helston, TR13 8AB
Redruth	Tuesdays 3:30-5:30pm	Hideaway 77, Redruth, TR15 2BL
Truro	Wednesdays 3:30-5:30pm Fridays 3:30-5:30pm	Zeb's, The Leats, TR1 3AG
St Austell	Mondays 3:30-5:30pm Thursdays 3:30-5:30pm	The House, St Austell, PL25 4DB
Newquay	Wednesdays 3:30-5:30pm	Newquay, Youth Centre, TR7 2RG
Liskeard	Wednesdays 3:30-5:30pm	Liskerrett Centre, Liskeard, PL14 4AP
Online	Weekdays 3:30-5:30pm	youngpeoplecornwall.org

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Funded by
UK Government



ChatHealth
Cornwall and the Isles of Scilly

ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT
...

07312 263 499



Get
confidential
health and
wellbeing advice
and support



Together
for Families



Council of the
ISLES OF SCILLY

www.cornwall.gov.uk/chathealth

To read our full privacy notice please visit www.cornwall.gov.uk/tffprivacynotice

We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. **Texts will not be seen outside working hours.** If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.



Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- **Week 1 - An introduction to Autism**
An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.
- **Week 2 - Communication**
Identifying what communication is and the different communication methods that may be helpful for Autistic children.
- **Week 3 - Sensory Processing**
Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.
- **Week 4 - Pathological Demand Avoidance**
A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

Workshops will be held on a Monday evening from 7:30-8:30pm via Zoom.

You can benefit from all 4 workshops for just £100 and you will receive a certificate of attendance after the final workshop.

We are only running the 4-week programme in February, March and April.

To book your place... Email enquiries@theautismtrainingnetwork.com with the month you would like to attend, and you will be sent the link to book on.



Why is Year 6 being weighed and measured?

The school nursing team is visiting Year 6!

We are going to measure the weight and height of Year 6 pupils as part of our work to help keep the nation healthy.

What will happen?

- You will be measured one at a time in private.
- All you need to do is take your shoes off – it will be really quick!
- Only your parents or carers will see the results – not your teachers or friends.

Did you know?

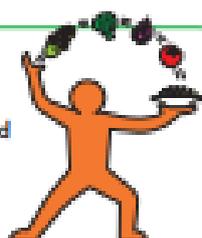
- Children are weighed and measured when they are babies, and again in Reception and Year 6.
- It helps the government see how healthy the nation is, and plan health and leisure services for children.
- It's a good chance to check how you're developing and think about ways you can become healthier.

Top tips for a healthier you

Everyone can find ways to be healthier – what can you do today?

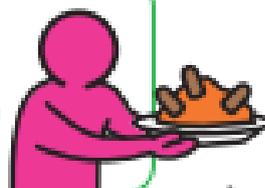
1. 5 a day

Try to eat five portions and a variety of fruit and veg every day.



2. cut back fat

Try and keep foods like crisps, buses, cakes, pastries and biscuits as occasional treats only.



3. watch the salt

Check the label and choose foods lower in salt and try not to add salt to your food.



4. sugar swaps

Swap sugary drinks for water, lower-fat milks, no-added-sugar or sugar-free drinks.



5. get going every day

Spend at least 60 minutes walking, playing sport, running around or being active every day.



6. me size meals

Children need smaller portions than grown ups. Start with a smaller amount of food on your plate, then ask for more if you are still hungry.

Search [Change4Life](#)

change
4 life

Eat well Move more Live longer

Preloved Uniform

Preloved and affordable Veryan School uniform now available, please check it out. We will continue to collect items that are no longer required to make them available to others that could use them, I can collect these in the office. Any money made from the sales will go towards projects or trips for the children.

ANY ORDERS MADE FOR UNIFORM WILL BE AVAILABLE FOR COLLECTION ON MONDAY 4TH SEPTEMBER AT THE SCHOOL AT 10AM, WASHED AND READY TO WEAR.



PRE-LOVED
SCHOOL UNIFORM
AVAILABLE NOW!

www.uniformd.co.uk

To order: visit uniformd.co.uk,
enter Veryan School in the search bar
we will contact you to let you know when it is
available to collect.

Funds raised will go directly to Veryan School

We are still accepting donations!
Keep them coming!



FOOTBALL SATURDAY MORNINGS

WHEN

9am-10am Reception Class/Yr1
9am-10:30am Years 2-7



WHERE

Probus School

DETAILS

All abilities welcome
Qualified FA coaches
No need to book

BRING

Football boots AND trainers
Suitable clothing
Shin pads
Drink

NO NEED TO BOOK, JUST TURN UP READY TO PLAY!

 [@probusyouthfootballclub](https://www.facebook.com/probusyouthfootballclub)

EACH SATURDAY

**In association with Probus
Youth Football Club**

AGES

Reception to Yr 7

PRICE

Reception/Yr1 £4
Yr2- Yr7 £5

COACHES

Steve Flack
Will Ferguson
Other PYFC coaches

FUN...

**Outdoor football skills,
drills and matches with
experienced coaches**



Free School Meals

If you think you may be eligible for Free School Meals the criteria and link you will need to follow are below. Not only would your child receive free meals but this enables the school to access additional funding. If you would apply by post please contact the office for a paper application form.

Free school meals eligibility criteria if you receive benefits

A child is eligible for free school meals if their parent/carer (or the child themselves) receives any of the following benefits:

Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).

Income Support (IS)

Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance

Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance

Child Tax Credit (CTC) with an annual income of less than £16,190

Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit

Guarantee Element of Pension Credit (GPC)

Immigration and Asylum Act 1999 (IAA) Supports

If you are claiming the benefits listed below you are not eligible for free school meals. This is regardless of what other benefits/credits are being claimed.

Working Tax Credit

Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

Link to Cornwall Council Website for Free School Meals

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/apply-for-free-school-meals-and-pupil-premium/>

Cornwall Music Trust...

Cornwall Music Trust's "very experienced guitar and piano specialist - Allan Fouracre" will be taking on new pupils.

If a child is interested in joining this please book through Cornwall Music Trust, <https://cmst.co.uk/>

Those in receipt of Pupil premium are entitled to some free music lessons.



OUR MISSION IN MUSIC

By enabling students of all generations, backgrounds and communities to enjoy a life including music making and participation, we seek to grow and support the health of a musical community for now and for the future.

It all started when...

In 2015 Cornwall Council chose to dissolve the county ran music service, Music Cornwall. In reaction to this a large group of music teachers banded together, under the leadership of Gareth Churcher, to create CMST and continue the tradition of music teaching throughout Cornwall. Since that point we have been providing music lessons, ensembles, classroom support and music therapy throughout the county. CMST is the largest charitable organisation delivering music lessons in Cornwall and pride ourselves in providing the best service for young musicians available!